Breakfast Meal Prices Students: Free
Guest (staff \& visitors): $\$ 2.00$

## Lunch Meal Prices

Middle School Students: $\$ 3.25$
Reduced price students: Free
CEP School Students: Free
Guest (staff \& visitors): $\$ 4.00$

## Breakfast

Monday
Breakfast Pizza
Cereal \& Grahams
Fresh Fruit \& Fruit Juice Choice of Milk

## Tuesday

Chicken Biscuit
Cereal \& Grahams
Fresh Fruit \& Fruit Juice Choice of Milk

Wednesday
Breakfast on a Stick with Syrup
Cereal \& Grahams
Fresh Fruit \& Fruit Juice Choice of Milk

## Thursday

Scrambled Eggs,
Sausage, \& Toast
Cereal \& Grahams
Fresh Fruit \& Fruit Juice Choice of Milk

Friday
Super Donut
Cereal \& Grahams Fresh Fruit \& Fruit Juice Choice of Milk

| Iunch |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Popcorn Chicken w/Roll Cheeseburger Mashed Potatoes Green Peas Sliced Peaches | Chicken Pie w/Roll Pepperoni Pizza Green Beans Carrot Sticks with Ranch Fresh Apple | Beefy Nachos $1 / 10$ Chicken \& Cheese Quesadilla Black Beans Corn on the Cob Frozen Fruit Cup | Chicken Fried Rice Beef Teriyaki w/Fried Rice Glazed Carrots Steamed Broccoli Fortune Cookie Mandarin Oranges | Meat Eaters Pizza Spicy Chicken Sandwich French Fries Side Salad Applesauce |
|  | Baked Spaghetti with Garlic Knot <br> Cheese Dippers with Marinara <br> Carrot Sticks with Ranch Buttered Corn Pineapple Bits | 1/17 <br> Bacon Cheeseburger Crispy Chicken Salad with Garlic Knot Sweet Potato Fries Green Beans Diced Pears | Hot Dog w/Chili $1 / 18$ BBQ Sandwich Baked Beans Coleslaw Frozen Fruit Cup | $$ |
| Deluxe Chicken Sandwich Gourmet Grilled cheese Mashed Potatoes Buttered Corn Pineapple Bits | Cheeseburger/Hamburger Mini Corn Dogs Sweet Potato Fries Baked Beans Sliced Peaches | Chicken Slider with Macaroni \& Cheese Chef Salad with Roll Carrot Sticks with Ranch Green Beans Apple Pie |  $1 / 25$ <br> Walking Taco  <br> Ranchero Pizza  <br> Pinto Beans  <br> Side Salad  <br> Frozen Fruit Cup  | Pepperoni Pizza Fish Sandwich Tater Tots Cucumbers w/Tzatziki Grapes |
| Popcorn Chicken w/Roll Meatloaf w/Roll Mashed Potatoes Green Peas Sliced Peaches | $1 / 30$ <br> Chicken Pie with Roll Pepperoni Pizza Green Beans Carrot Sticks with Ranch Fresh Apple | Beefy Nachos $1 / 31$ Chicken \& Cheese Quesadilla Black Beans Corn on the Cob Frozen Fruit Cup |  | For more information about the meals served in Lincoln County Schools, visit the Child Nutrition website at www.lincoln.k12.nc.us or call us at 704-736-4301. |
|  |  | A Peanut Butter \& Jelly Sandwich with Yogurt and Goldfish Crackers will be offered as an entrée choice each day. |  |  |

Lunch
Wednesday

Beefy Nachos
Quesadilla
Black Beans
Corn on the Cob
Frozen Fruit Cup
Bacon Cheeseburger risy Chicken Salad

Sweet Potato Fries
Green Beans
Diced Pears

Chicken Slider with
Macaroni \& Cheese
Carrot Sticks with Ranch Green Beans

Beefy Nachos icken \& Cheese
Quesadilla Corn on th Frozen Fruit Cup

Side Salad will be offered everyday as a vegetable choice.
Fresh Fruit will be offered everyday as a fruit choice.

